INFORMATION SHEET 12/13/16 TRUSTEES' MEETING

To: Board of Trustees

From: Sarah Steen

Re: Family Life Education Curriculum

Background:

In January 2016, California adopted new legislation covering comprehensive sexual health education and HIV prevention education in public schools. I would like to update the Board on these changes and curriculum available to meet the new requirements.

The law, called the California Healthy Youth Act - Education Codes 51930-51939 (Assembly Bill 329), attempts to standardize and update sex education in the state.

Parents will have to formally opt out by submitting a document to their school or district. The law reads that: "A parent or guardian of a pupil has the right to excuse their child from all or part of comprehensive sexual health education, HIV prevention education, and assessments related to that education through a passive consent ("opt-out") process. A school district shall not require active parental consent ("opt-in") for comprehensive sexual health education and HIV prevention education."

Our current health curriculum program, Postponing Sexual Involvement (PSI), was first adopted in 2007 and revised in 2009. A JSD team attended the San Joaquin County Office of Education's Health Curriculum Faire on May 20, 2016. Six programs were presented at the event. Of those programs two were considered by our team and are also being recommended by SJCOE.

The two programs (Teen Talk Middle School and Positive Prevention Plus) will be available to parents and staff to preview. I will bring a recommendation to the Board in January to move forward on adopting new curriculum that meets the new requirements.

Family Life Curriculum Adoption

Presentation to JSD Board

By Sarah Steen

December 13, 2016

Assembly Bill No. 329

California Healthy Youth Act

- In January 2016, California adopted new legislation covering comprehensive sexual health education and HIV prevention education in public schools.
- I would like to update the Board on these changes and curriculum programs available for adoption.
- The law, called the California Healthy Youth Act - Education Codes 51930-51939 (Assembly Bill 329), attempts to standardize and update sex education in the state.

New Requirements Include

- Instruction in HIV prevention and comprehensive sexual health education must be done by trained teachers at least once in middle school and once in high school.
- Parents have the right to formally opt out by submitting a document to their school or district.
  - The law reads that: "A parent or guardian of a pupil has the right to excuse their child from all or part of comprehensive sexual health education, HIV prevention education, and assessments related to that education through a passive consent ("opt-out") process. A school district shall not require active parental consent ("opt-in") for comprehensive sexual health education and HIV prevention education."
- The law attempts to standardize and update sex education in the state, which also now must include gender identity.

Approved Curriculum

- Our current health curriculum program, Postponing Sexual Involvement (PSI), was first adopted in 2007 and revised in 2009.
- A JSD team attended the San Joaquin County Office of Education's Health Curriculum Faire on May 20, 2016.
- Six programs were presented at the event. Of those programs two were considered by our team and have also been recommended by SJCOE.
  - *Teen Talk Middle School* and *Positive Prevention Plus*.
- Program samples will be available in my office for parents and staff to preview and provide input.

Teen Talk Middle School

http://www.health-connected.org/#!our-curricula/czks

Teen Talk Middle School (grades 7-8) and Teen Talk High School (grade 9) each include 14 lessons, taught over 10 hours, typically across two weeks. Teen Talk was developed for use in California schools and was designed to be inclusive of diverse racial, ethnic, religious, and sexual identities, for mixed-gender classrooms. Puberty Talk is also available for grades 5 and 6. All activities are available in English and Spanish.

Positive Prevention Plus

http://www.positivepreventionplus.com

Positive Prevention PLUS is a comprehensive curriculum for grades 7-12 (middle school and high school editions), including lessons with marginal notes, pre-post tests, family home assignments, a CD with PowerPoint images, and other features. Written specifically for use in California, this curriculum involves 13 lessons of 45 minutes each, and is available both in English and Spanish; there is also a version for Special Education Students.

Next Steps

- Policy updates will be made.
- The JSD Board will have time to review content of the curriculum samples.
- Samples will be made available for parents and staff to provide input.
- A recommendation will be brought to the Board in January to take action on the adoption of a new program.